

PLEASE READ CAREFULLY!

If you have any of these medical conditions, you will need further documentation IN ORDER TO PASS YOUR DOT PHYSICAL.

DIABETES TYPE I (insulin requiring): You will need a MCSA-5870 form from your treating physician indicating stable blood sugars documented from the past 3 months.

DIABETES TYPE II : You will need labs, including a1c, within the last 3 months.

SLEEP APNEA: You will need a compliance report printed out from the company that rents you your cpap machine.

CORONARY DISEASE (HEART ATTACK, ANGIOPLASTY, OR STENTS) : You will need a copy of a stress test done within the last 2 years, copy of echocardiogram or nuclear stress test done within the last 2 years showing ejection fraction over 40%, and a letter from your cardiologist stating you are fit to drive a commercial vehicle from a cardiology standpoint.

CORONARY DISEASE (PAST CABG): You will need a copy of a recent stress test if it has been more than 5 years since your surgery , a copy of most recent echocardiogram, and a letter from your cardiologist stating you are fit to drive a commercial vehicle form a cardiology standpoint.

SEIZURE DISORDER: You cannot be on any seizure medication and you have to be seizure free for 5 years. You will also need a letter from your neurologist stating you are fit to drive a commercial vehicle from a neurology standpoint.

CHRONIC MEDICAL CONDITONS REQUIRING MEDICATIONS: You will need a letter from your primary care doctor stating the stability of your condition, that there is no recent changes in dosage, and that you can safely operate a commercial vehicle while on this medication.

OTHER MEDICATIONS: YOU WILL NOT BE CERTIFIED IF YOU ARE TAKING METHADONE, SUBOXONE, OR ANY LONG ACTING OR TRANSDERMAL NARCOTICS. ANTI-ANXIETY OR DEPRESSION MEDICATIONS WILL REQUIRE A LETTER FROM THE PRESCRIBING PHYSICAN INDICATING YOU ARE ON A STABLE DOSE AND FREE OF SIDE EFFECTS.